Ready or Not?

An Emergency Preparedness Program

What to have in your head

What to have in your home

What to have in your hand

#### We want you to be prepared for any emergency

Here's what you need to have in your **head**, in your **home**, and in your **hand**.

Planning now and knowing what to do will make it easier for you and your family if an emergency occurs.

Think about how an emergency might affect you. Think about what resources and supplies you might need. Think about different kinds of emergencies—a house fire, snow storm, power outage, hurricane, or terrorist attack. Work out a plan that fits your needs and is easy to put into action.

Be ready to Shelter in Place.

Be ready to Evacuate.

Are You Ready, Or Not?

#### What to have in your head

#### Your Emergency Plan

Talk with your family about emergencies; what to do, how to find each other, and how to stay in contact during an emergency. Be ready to Shelter in Place for at least 72 hours. If officials tell you, be ready to evacuate.

Decide on two places where household members should meet after an emergency—one right outside or close to your home, and one outside your neighborhood.

Practice getting out of your home using different doors. Practice getting to your meeting places.

Ask a friend or relative who lives out of state to be your family's emergency contact. If local phone circuits are busy, long-distance calls may be easier to make. Plan for everyone in your family, especially seniors, people with disabilities, and non-English speakers.

Give everyone in your house a copy of your emergency plan and emergency contact information to keep in their wallets and backpacks.

## Twice a year:

Change your smoke alarm batteries.

Make sure your emergency plan and emergency contact information are correct.

Check that the food and batteries in your kits are still good.

## What to have in your home Be ready to Shelter in Place

## Put together a Shelter in Place kit now.

Include enough supplies for at least three days, in case you cannot leave your home.

# If officials tell you to Shelter in Place, you must stay indoors.

## How to Shelter in Place:

- Stay calm and go indoors immediately.
- Go to a room with a few doors or windows. Ideally, the room should be above street level, allow room for everyone in your family, have access to water and bathroom facilities, and have a phone jack.
- Close and lock all windows and doors, and close fireplace dampers.

- Only seal doors and windows when told to do so by emergency officials. If instructed, cover cracks along doors and windows with tape, wet rags, or towels.
- Turn off all heating and cooling systems such as air conditioners and window exhaust fans, if instructed.
- Listen to KYW 1060 AM radio for updates.
- Keep your pets with you.
- If you have a medical emergency, call 9-1-1 if know you need special help.
- Keep your phone line available for emergency calls.

# Items for your Shelter in Place Kit

- Three gallons of drinking water per person
- Food that will not perish easily; ready-to-eat foods
- Manual can opener and eating utensils (forks, spoons, knives, plates, cups)
- Plastic sheeting to cover windows; scissors and duct tape
- First-aid kit
- Flashlight and extra batteries
- Battery-operated radio and extra batteries (You can also buy wind-up radios that do not require batteries.)
- A whistle to signal for help

- Iodine tablets or one quart of unscented bleach and eyedropper. (Disinfect water ONLY if directed to do so by health officials. To disinfect water with bleach, add 8 drops of bleach per gallon of water.)
- Personal care items: soap, toothbrush and tooth paste, feminine products, toilet paper and wipes
- Phone that does not need electricity (just plugs into a phone jack)
- Child care supplies or other special care items

Whether officials tell you to Shelter in Place or Evacuate will depend upon the conditions expected in your area. If you do not receive specific instructions to evacuate, you should Shelter in Place.

Officials will notify you on KYW 1060 AM radio when the emergency is over. Only then should you open all doors and windows to let fresh air into your home.

What to have in your hand

Be ready to Evacuate

If officials tell you to evacuate, you must leave.

## Here is what you need to do:

- Stay calm. Do exactly what officials tell you to do.
- If there is time, secure your home. Close and lock windows and doors. Unplug appliances before you leave. Officials will tell you if you need to turn off utilities.
- Let friends and relatives know where you are going.

- Wear sturdy shoes and comfortable, protective clothing such as long pants and long-sleeved shirts.
- Grab your Go Bag.
- Do NOT use an elevator during a fire or other emergency.
- Stay tuned to KYW 1060 AM radio for the latest evacuation routes and other information.
- Get to the nearest shelter or safe place as soon as you can.

# Grab your Family GO BAG

Prepare a Go Bag for your household—things you'll need if officials tell you to evacuate.

Your GO Bag should be easy to carry—a backpack or small suitcase on wheels. Keep your Go Bag in a place where you can get to it easily, in case you have to leave in a hurry.

## Items for your Go Bag:

Copies of your important documents, such as insurance cards, photo IDs, birth certificates, deeds, and proof of address, in a waterproof and portable container

• Extra set of car and house keys

- Credit and ATM cards
- Cash, especially in small bills like ones, fives, and tens
- Bottled water and food that will not easily perish, such as energy or granola bars
- Flashlight and extra batteries
- Battery-operated radio and extra batteries (You can also buy wind-up radios that do not require batteries)
- Medication: be sure to refill medications before they expire.
  Keep a list of the medications each member of your
  household takes, why they take them, and their dosages.
  Also keep copies of all prescriptions, and your doctor's and
  pharmacist's contact information
- First-aid kit
- Sturdy, comfortable shoes, lightweight raingear, and a mylar blanket
- Contact and meeting place information for your household
- Small regional map

- Personal care items: hand sanitizer, feminine products, toothbrush and toothpaste, and wipes
- Child care supplies or other special care items

# ReadyNotifyPA

When situations arise in Southeastern Pennsylvania that may affect you and your family, **ReadyNotifyPA** lets local officials notify you quickly by E-mail, or text message to your cell phone or other E-mail enabled device. Be among the first to find out and stay informed during an emergency. For more information about what to do during an emergency and to sign up for

# ReadyNotifyPA, visit:

www.phila.gov/ready or call 311